

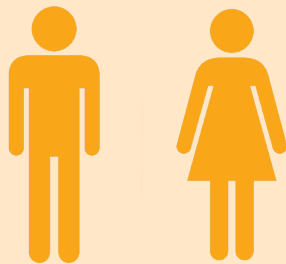
# Brain injury can happen to anyone, anywhere, at any time.

## Traumatic Brain Injury (TBI)

Damage to the brain caused by an external force that disrupts its function



**Males are 2x  
as likely as  
women to  
sustain a TBI**



**Falls are the  
leading cause  
of TBI**

Other causes include:

- Motor vehicle crashes
- Recreational Injuries
- Assaults

## You can prevent brain injuries

- Wear a seat belt
- Never drive under the influence
- Wear proper protective equipment for recreational activities
- Wear shoes with non-slip soles
- Remove tripping hazards



Symptoms of TBI may not show up for  
**weeks or months**  
following the incident

**TBI can cause a wide range  
of short or long term changes  
including:**

- Behavioral Changes
- Physical Impairments
- Changes in thinking



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The ND Brain Injury Network can help by providing assistance and resources for those with TBI's and their families, friends and professionals