

# BRAIN INJURY & MENTAL HEALTH



Brain injuries are often referred to as a “silent epidemic” because symptoms are not always immediately evident, and the general public has limited knowledge about the diagnosis. Brain injuries can cause an increased susceptibility to multi-occurring conditions, including mental health diagnosis.

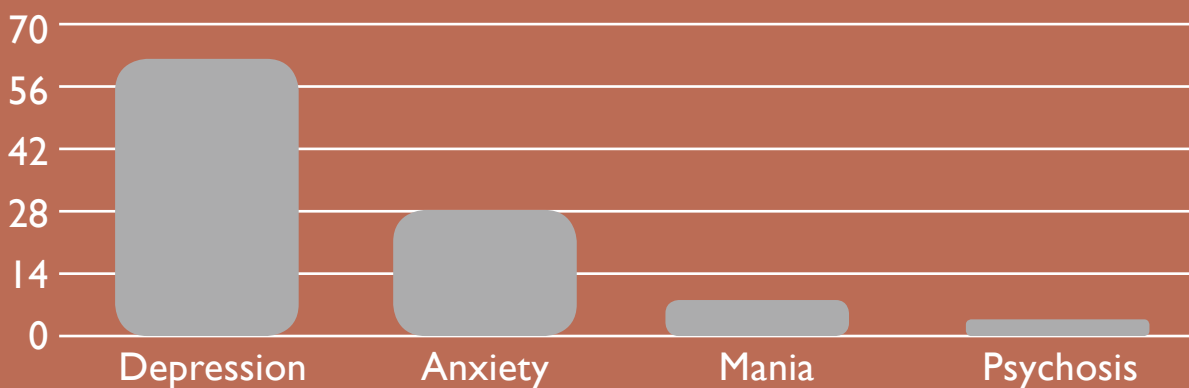
## MENTAL HEALTH DIAGNOSES ARE HIGHER IN INDIVIDUALS WITH BRAIN INJURY

Research indicated a 34-49% prevalence rate of mental health conditions in individuals with brain injury, compared to an 18% prevalence rate in the general population



## CO-OCCURRING DIAGNOSIS

Prevalence Rate of Co-Occurring Brain Injury and Mental Health Diagnosis



## WHAT CAN WE DO ABOUT IT?

**TREATMENT PROFESSIONALS NEED TO BE AWARE OF A HISTORY OF BRAIN INJURY IN INDIVIDUALS**

It is important to screen for brain injury upon intake and coordinate an effective treatment plan with a multi-disciplinary team of providers that have experience and knowledge about brain injury.



## WE CAN HELP AT NDBIN

We can help locate providers, provide technical assistance for individuals you serve, connect individuals and families to resources, and much more.



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