**Brain Injury** - is defined as damage to the brain or the coverings of the brain that produces an altered mental state and results in a decrease in cognitive, behavioral, emotional, or physical functioning. The term does not include an insult of a degenerative or congenital nature.

## There are two types of Brain Injury

## Nontraumatic Brain Injury An injury to the brain

An injury to the brain caused by internal forces.

Causes of a Nontraumatic Brain Injury

## Traumatic Brain Injury (TBI) A type of acquired brain injury

A type of acquired brain injury caused by an external force.

Causes of a Traumatic Brain Injury



**Stroke** 



Anoxic/Hypoxic



Fall



Motor Vehicle Accident



Poison



**Tumor** 



Struck by Object



**Sports** 

## **More Common Than You Think**

Currently, more than 3.1 million children and adults in the U.S. live with a lifelong disability as a result of a traumatic brain injury, and 6.4 million have a disability due to a stroke. This translates to more than 22,000 North Dakotans living with a disability from an acquired brain injury - close to the population of Mandan.

If you or someone you know has been impacted by a brain injury we are here to help.

