

**Brain Injury** - is defined as damage to the brain or the coverings of the brain that produces an altered mental state and results in a decrease in cognitive, behavioral, emotional, or physical functioning. The term does not include an insult of a degenerative or congenital nature.

## There are two types of Brain Injury

### Nontraumatic Brain Injury

An injury to the brain caused by internal forces.

#### Causes of a Nontraumatic Brain Injury



Stroke



Virus



Poison



Tumor

### Traumatic Brain Injury (TBI)

A type of acquired brain injury caused by an external force.

#### Causes of a Traumatic Brain Injury



Fall



Motor Vehicle Accident



Struck by Object



Sports

## More Common Than You Think

Currently, more than 3.1 million children and adults in the U.S. live with a lifelong disability as a result of a traumatic brain injury, and 6.4 million have a disability due to a stroke. This translates to more than 22,000 North Dakotans living with a disability from an acquired brain injury - close to the population of Mandan.

*If you or someone you know has been impacted by a brain injury we are here to help.*

### For More Information

(855) 866-1884 • [info@ndbin.org](mailto:info@ndbin.org) • [www.ndbin.org](http://www.ndbin.org)



NORTH DAKOTA  
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