



NBIN and Education

NDBIN is very pleased to be offering some educational opportunities for brain injury survivors, family members, caregivers and providers!



This summer we are holding North Dakota's first ever Certified Brain Injury Specialist Training (CBIST). This will be held on July 23 and 24 in Fargo at the Ramada. Ann McDonnell, CBIST from Virginia will be coming to train a group of around 30 participants on what is considered the gold standard for brain injury training nationwide. This elite training will allow others in the state to become more knowledgeable in the field of brain injury as well as be able to train other's in the field. We are thrilled to offer this training FREE with the support of the North Dakota Stroke Association's Mission: Lifeline!



NDBIN recently launched five FREE online courses you can register and enroll in at the following website: www.ndbin.org/training/brain-injury. These 5 courses are geared towards direct care staff and specific service providers. However anyone interested in the

brain injury field is welcome to take them. Courses are presented in video module format with a final exam following the video modules. There are helpful resources specific to each course for you to print and use. The course titles are as follows:

- Introduction to Brain Injury
- Cognitive and Behavioral Consequences of TBI
- Primary Care and TBI
- Pediatric TBI
- Substance Use and TBI

Contact Carly Endres, carly.endres@und.edu or 701-777-8004 for more information related to these educational opportunities!

Join us June 25 in New Town, ND!

Date: Tuesday, June 25, 9:00 am-5:00 pm
Location: New Town, North Dakota-Four Bears Casino (*Mention the education event to receive a special rate when booking your room.*)

CEUs available for

- Social Workers

Objectives

- Understand the prevalence and the long-term impacts of brain injury.
- Identify how brain injury impacts an individual's ability to access services.
- Recognize the unique experiences of each individual's recovery from a brain injury.

Register - This event is FREE, but registration is required: https://und.qualtrics.com/jfe/form/SV_00v0UcHkqNIP5n7

Contact Nicole Livedalen, nicole.livedalen@und.edu or 855.866.1884

Did you know?

During the 2019 legislative session legislation was passed adding Acquired Brain Injury (ABI) to the definition of brain injury in North Dakota?

What is ABI?

An Acquired Brain Injury is an injury to the brain that is not hereditary, congenital, degenerative or induced by birth trauma. Some examples of ABI include stroke, near drowning, aneurysm, tumor, infectious disease that affects the brain (for example, meningitis) and lack of oxygen supply to the brain (for example, heart attack).

What does this mean for NDBIN?

This allows NDBIN to provide an integrated system that assists individuals across North Dakota who may have sustained a brain injury that is acquired or traumatic. It also allows us to collaborate with more resources throughout our state, such as the American Stroke Association which is currently working on a program in North Dakota called Mission: Lifeline, focuses on transforming stroke care by which connecting all of the components of acute stroke care into a smoothly integrated system that reinforce use of evidence-based guidelines, measures performance, identifies gaps and engages in improvement projects at a systems level.



Unmasking

Sanford Health and NDBIN are collaborating to bring the unmasking events in to the stroke community of North Dakota. Sanford's goal is to produce 150 masks before September of 2019! Help them reach their goal by joining us for one of their events or holding your own!

The Mission

PROMOTE awareness of the prevalence of brain injury.

GIVE survivors a voice and the means to educate others of what it's like to live with a brain injury.

SHOW others that persons living with a disability due to their brain injury are like anyone else, deserving of dignity, respect, compassion and the opportunity to prove their value as citizens in their respective communities.

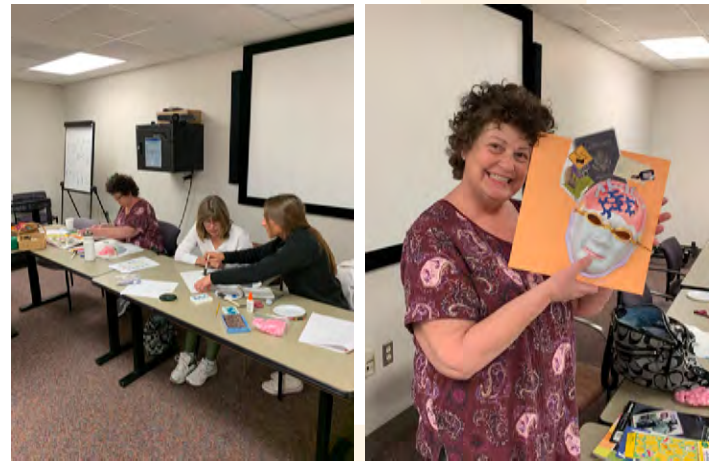
Join the Movement!

VISIT www.ndbin.org/unmasking

MAKE your own mask and add it (and your own voice!) to the collection.

SCHEDULE a mask making event.

HOST a traveling display of masks in your location!



Save the Date!

March 25-27, 2020 • Mind Matters Conference

Ramada Inn • 3333 13th Ave S. • Fargo, North Dakota

MountainBrooke Celebrates 3 years of their Brain Injury Support Group!

With the support of NDBIN's graduate student, Matthew White, MountainBrooke Center in Grand Forks is celebrating 3 years of holding a support group specific to brain injury. This group meets on the last Wednesday of the month at 10am. White brings topics and presenters in to help support this group and what their needs and interests are. The group decided to celebrate their 3rd birthday with a pizza party!

NDBIN Out & About!



For more information about social and recreational events, contact NDBIN staff.

**1.855.866.1884 • info@ndbin.org
ndbin.org**

NDBIN Website Updates

In an effort to serve you better at NDBIN, we are re-organizing our database and ask that you go on to our website www.ndbin.org/subscribe and re-enter your information on our Subscription page, which is located under Updates and Alerts in the top right corner of our homepage. Thank you in advance for your help with this process!

Upcoming NDBIN projects

NDBIN is partnering with Mind Source Brain Injury Network in Colorado in order to bring our state more information on concussions and evidence based management approaches. REAPconcussions.com provides a manual that will be adapted to North Dakota and given to providers that serve individuals with concussions. We also hope to bring their trainer to the state and host a Concussion Symposium in the future. Stay tuned for more information on this exciting new project.

R=Remove/Reduce

E=Educate

A=Adjust/Accommodate

P=Pace

Yoga in the Park

Date: Thursday, June 27, at 7:45 pm

Location: Riverside Park, 100 Park Ave, Grand Forks

Join us with yoga instructor Mandy Kulbacki, founder of Mindful Living Co; for yoga and meditation in the park!

We will start in the evening so it won't be too hot! We will have your favorite NDBIN promotional items as well as information about classes offered during the week taught by Mandy.

For More Information

Contact: Matt White

m.white@und.edu • 701-777-0583

Brain Injury Support Groups

Grand Forks

Brain Injury Support Group

Sharon Lutheran Church

1720 South 20th Street

Last Tuesday of the month 7:30 - 9:00 pm

Contact: Rebecca Quinn, 701-777-5200

rebecca.quinn@und.edu

Devils Lake

Brain Injury Support Group

St. Olaf Lutheran Church

601 6th Street NE.

Second Thursday of the month 5:30 - 7:00 pm

Contact: Nickie Livedalen, 701-317-4172

nicole.livedalen@und.edu

Bismarck

Dakota Center for Independent Living

Brain Injury Support Group

3111 E. Broadway Ave.

Fourth Thursday of the month 4:00 - 5:00 pm

701-222-3636

www.dakotacil.org

Bismarck

Brain Injury and Stroke Support Group

Sanford Health – sixth floor

Call 701-323-6696 for upcoming dates

Dickinson

Traumatic Brain Injury Survivor Support

Hawk's Point

1266 Signal Butte

Second Tuesday of the month 7:00 pm

Contact: Shannon Binstock 701-260-0098

prairiepen@ndsupernet.com

Fargo

Onword Together

Hope Lutheran Church

2900 Broadway

Third Thursday of the month 4:30 - 6:00 pm

Contact: Nan Kennelly, 701-364-5433

www.onwordtherapy.com

Sanford Brain Injury Support Group

1720 S. University

Second Tuesday of the month 6:00 - 7:30 pm

Contact: John, 701-280-4769

Mind Matters Support Group

Progressive Therapy Associates

1150 Prairie Pkwy. West Fargo

First Thursday of the month 6:00 - 7:30 pm

Contact Jodi Hedstrom or Janet Grove

701-356-7766

info@progressivetherapyassociates.com

www.progressivetherapyassociates.com

**Are you interested in having a
Brain Injury event in your area?**

*We would love to partner with you to help
educate and promote awareness for brain injury.*

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