TO PROVIDE QUALITY, EFFICIENT, AND EFFECTIVE HUMAN SERVICES, WHICH IMPROVE THE LIVES OF PEOPLE

<table>
<thead>
<tr>
<th>Mission</th>
<th>Principles</th>
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<tbody>
<tr>
<td>Quality</td>
<td>• Services and care should be provided as close to home as possible to</td>
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<tr>
<td>services</td>
<td>▪ Maximize each person’s independence and autonomy</td>
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<td>▪ Preserve the dignity of all individuals</td>
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<td>▪ Respect constitutional and civil rights</td>
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<td>Efficient</td>
<td>• Services should be provided consistently across service areas to promote equity of access and citizen focus of delivery</td>
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<tr>
<td>services</td>
<td>• Services should be administered to optimize for a given cost the number served at a service level aligned to need</td>
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<td>• Investments and funding in DHS should maximize ROI for the most vulnerable through safety net services, not support economic development goals</td>
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<td>• Cost-effectiveness should be considered holistically, acknowledging potential unintended consequences and alignment between state and federal priorities</td>
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<td>Effective</td>
<td>• Services should help vulnerable North Dakotans of all ages maintain or enhance quality of life by</td>
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<tr>
<td>services</td>
<td>▪ Supporting access to the social determinants of health: economic stability, housing, education, food, community, and health care</td>
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<td>▪ Mitigating threats to quality of life such as lack of financial resources, emotional crises, disabling conditions, or inability to protect oneself</td>
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AGING SERVICES DIVISION

PURPOSE

- Administers home and community-based services that allow older adults and individuals with physical disabilities to remain in their own homes and communities
- Protects the health, safety, welfare and rights of residents of long-term care settings and vulnerable adults in the community

AGING SERVICES DIVISION: Core Functions

- Administer Older Americans Act services
  - Contract with local providers for supportive and nutrition services
  - Support family caregivers
    - Family Caregiver Support Program, Lifespan Respite Grant
- Provide direct services
  - Aging & Disability Resource LINK (Information & Assistance and Options Counseling)
  - Family Caregiver Support Program (Case Management)
  - Long-Term Care Ombudsman Services
  - Vulnerable Adult Protective Services (Contracted providers in Regions 1, 2, 5, 6)
- Administer state and federally-funded HCBS services
  - SPED, Ex-SPED. HCBS Medicaid waiver, Technology Dependent waiver, MSP-PC
  - Supervision and training to HCBS Case Managers
HOME & COMMUNITY BASED SERVICES

Older Adults and Individuals with Physical Disabilities
- Service Payments for the Elderly and Disabled (SPED)
- Expanded SPED

Medicaid 1915-(c) Waivers
- Aged and Disabled
- Tech Dependent
- Medicaid State Plan Personal Care

HOME & COMMUNITY BASED SERVICES

- Adult Day Care
- Adult Foster Care
- Adult Residential Care
- Attendant Care
- Case Management
- Chore Service
- Emergency Response System
- Environmental Modification
- Extended Personal Care
- Family Home Care & Family Personal Care

- Home Delivered Meals
- Homemaker Services
- Non-Medical Transportation
- Personal Care Services
- Respite Care
- Supervision
- Supported Employment
- Specialized Equipment
- Transitional Care
BENEFITS OF HOME & COMMUNITY BASED SERVICES

- Assist in Meeting Olmstead Requirement of the Most Integrated Setting
- Preferred Choice for Care
- Cost Effective
- Avoid or Delay Institutional Placement

CONTINUUM OF CARE- LONG TERM CARE SERVICES & SUPPORT (LTSS)
HOME & COMMUNITY BASED SERVICES

HCBS Investments
- Update SPED costs share fee schedule
- Updated functional eligibility SPED to increase access for less impaired
- Expand ADRL to include centralized intake

- Specialized role HCBS Case Manager
- New services HCBS waiver
  - Companionship
  - Residential Habilitation
  - Community Supports

COMPANIONSHIP SERVICES

- Older adults and individuals with physical disabilities
- Non-Medical Care, supervision and socialization
- Companion tasks
- Activities must have a therapeutic component tied to the goal
- Cannot exceed 10 hours/month
- Provided by individual or agency QSP who has the cognitive endorsement
- Current rate:
  - $4.67/unit for individual
  - $6.42/unit for agency
RESIDENTIAL HABILITATION

- Medicaid eligible
- Meet Skilled Nursing Facility LOC
- Daily need for services up to 24 hours/day
- Assist with socialization, skills training and restoration
- Improves ability to reside in community
- Target population: Traumatic brain injury, stroke, or early stage dementia

RESIDENTIAL HABILITATION

- Service tasks/activities:
  - adaptive skill development (education/training)
  - assistance with activities of daily living/ IADLs
  - community inclusion
  - social and leisure skill development
  - personal care/homemaker
  - protective oversight and supervision
COMMUNITY SUPPORTS

- Medicaid eligible
- Meet Skilled Nursing Facility LOC
- Daily need for services up to 24 hours/day
- Complex medical needs, high ADL needs
- Custodial and maintenance care
- Target population: physical disability, complex health needs

COMMUNITY SUPPORTS

- Service tasks/activities:
  - assistance with activities of daily living/ IADLs
  - community inclusion
  - social leisure skill development
  - personal care/homemaker
  - protective oversight and supervision
CLIENT PERSONA

Typical Care Plan: Residential Habilitation or Community Supports

<table>
<thead>
<tr>
<th>Service</th>
<th>Description</th>
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<tbody>
<tr>
<td>Personal Care</td>
<td>Homemaking</td>
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<tr>
<td>Skills Restoration</td>
<td>Medication Management</td>
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<tr>
<td>Social Integration</td>
<td>Care Coordination etc.</td>
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Avg Cost Estimate

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<th>$30 hour paid at daily rate</th>
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<td>30 x 12 hours = $360</td>
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RESIDENTIAL HABILITATION & COMMUNITY SUPPORTS SETTINGS

- Private home
- Apartment
- Agency Adult Foster Care
  - Shared living environment
**AGENCY ADULT FOSTER CARE**

- Residential habilitation or community supports can be provided to up to 4 adults
- Licensed home-like setting
- Up to 24 hour per day care
- Not for supervision only
- Medicaid only
- Maximum monthly room and board rate is $739.00
- Consumer pays room and board

**PROVIDER REQUIREMENTS**

- Residential Habilitation, Community Supports, Agency Foster Care
  - Quality Service Provider (QSP)- agency
  - CQL Accreditation
    - initial cost is $2500 to agency
  - TBI modules
  - Dementia modules
  - Medication module/Testing
ALL HCBS PROVIDERS

- Must be enrolled as a QSP and bill in MMIS
- Provider requirements vary by service
- Must recertify every two years
- Must maintain required documentation
- Must participate in audits and complaint investigations
- Follow other provider criteria as required

Contact information

Phone: 701-328-4601
Toll-Free Aging & Disability Resource
LINK:
1-855-462-5465
E-mail: carechoice@nd.gov
https://carechoice.nd.assistguide.net/
QUESTIONS

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