



# HCBS NEW PROGRAMS AGING SERVICES

NORTH  
**Dakota** | Human Services  
Be Legendary.™

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## TO PROVIDE QUALITY, EFFICIENT, AND EFFECTIVE HUMAN SERVICES, WHICH IMPROVE THE LIVES OF PEOPLE

Mission	Principles
Quality services	<ul style="list-style-type: none"> <li>Services and care should be provided <b>as close to home as possible</b> to               <ul style="list-style-type: none"> <li>Maximize each person's independence and autonomy</li> <li>Preserve the dignity of all individuals</li> <li>Respect constitutional and civil rights</li> </ul> </li> <li>Services should be <b>provided consistently across service areas</b> to promote equity of access and citizen focus of delivery</li> </ul>
Efficient services	<ul style="list-style-type: none"> <li>Services should be administered to <b>optimize</b> for a given cost <b>the number served</b> at a service level aligned to need</li> <li>Investments and funding in DHS should <b>maximize ROI for the most vulnerable</b> through safety net services, not support economic development goals</li> <li>Cost-effectiveness should be considered holistically, acknowledging <b>potential unintended consequences and alignment between state and federal priorities</b></li> </ul>
Effective services	<ul style="list-style-type: none"> <li>Services should help vulnerable North Dakotans of all ages maintain or enhance quality of life by               <ul style="list-style-type: none"> <li>Supporting <b>access to the social determinants of health</b>: economic stability, housing, education, food, community, and health care</li> <li><b>Mitigating threats</b> to quality of life such as lack of financial resources, emotional crises, disabling conditions, or inability to protect oneself</li> </ul> </li> </ul>

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# AGING SERVICES DIVISION

## PURPOSE

- Administers home and community-based services that allow older adults and individuals with physical disabilities to remain in their own homes and communities
- Protects the health, safety, welfare and rights of residents of long-term care settings and vulnerable adults in the community

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## AGING SERVICES DIVISION: Core Functions

- Administer Older Americans Act services
  - Contract with local providers for supportive and nutrition services
  - Support family caregivers
    - Family Caregiver Support Program, Lifespan Respite Grant
- Provide direct services
  - Aging & Disability Resource LINK (Information & Assistance and Options Counseling)
  - Family Caregiver Support Program (Case Management)
  - Long-Term Care Ombudsman Services
  - Vulnerable Adult Protective Services (Contracted providers in Regions 1, 2, 5, 6)
- Administer state and federally-funded HCBS services
  - SPED, Ex-SPED. HCBS Medicaid waiver. Technology Dependent waiver, MSP-PC
  - Supervision and training to HCBS Case Managers

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## HOME & COMMUNITY BASED SERVICES

Older Adults and Individuals with Physical Disabilities

- Service Payments for the Elderly and Disabled (SPED)
- Expanded SPED
- Medicaid 1915-(c) Waivers
  - Aged and Disabled
  - Tech Dependent
- Medicaid State Plan Personal Care

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## HOME & COMMUNITY BASED SERVICES

- Adult Day Care
- Adult Foster Care
- Adult Residential Care
- Attendant Care
- Case Management
- Chore Service
- Emergency Response System
- Environmental Modification
- Extended Personal Care
- Family Home Care & Family Personal Care
- Home Delivered Meals
- Homemaker Services
- Non-Medical Transportation
- Personal Care Services
- Respite Care
- Supervision
- Supported Employment
- Specialized Equipment
- Transitional Care

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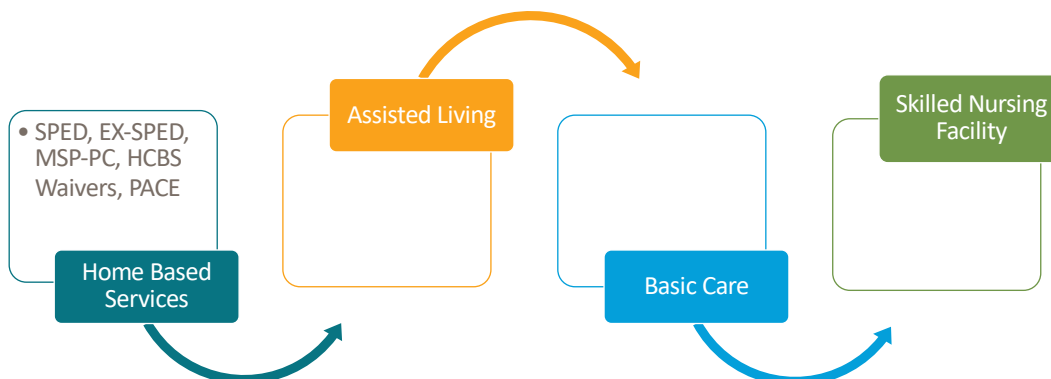
## BENEFITS OF HOME & COMMUNITY BASED SERVICES

- Assist in Meeting Olmstead Requirement of the Most Integrated Setting
- Preferred Choice for Care
- Cost Effective
- Avoid or Delay Institutional Placement



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## CONTINUUM OF CARE- LONG TERM CARE SERVICES & SUPPORT (LTSS)



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## HOME & COMMUNITY BASED SERVICES

### HCBS Investments

- Update SPED costs share fee schedule
- Updated functional eligibility SPED to increase access for less impaired
- Expand ADRL to include centralized intake
- Specialized role HCBS Case Manager
- New services HCBS waiver
  - Companionship
  - Residential Habilitation
  - Community Supports

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## COMPANIONSHIP SERVICES

- Older adults and individuals with physical disabilities
- Non-Medical Care, supervision and socialization
- Companion tasks
- Activities must have a therapeutic component tied to the goal
- Cannot exceed 10 hours/month
- Provided by individual or agency QSP who has the cognitive endorsement
- Current rate:
  - \$4.67/unit for individual
  - \$6.42/unit for agency

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## RESIDENTIAL HABILITATION



- Medicaid eligible
- Meet Skilled Nursing Facility LOC
- Daily need for services up to 24 hours/day
- Assist with socialization, skills training and restoration
- Improves ability to reside in community
- Target population: Traumatic brain injury, stroke, or early stage dementia

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## RESIDENTIAL HABILITATION

- Service tasks/activities:
  - adaptive skill development (education/training)
  - assistance with activities of daily living/ IADLs
  - community inclusion
  - social and leisure skill development
  - personal care/homemaker
  - protective oversight and supervision

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## COMMUNITY SUPPORTS

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- Medicaid eligible
- Meet Skilled Nursing Facility LOC
- Daily need for services up to 24 hours/day
- Complex medical needs, high ADL needs
- Custodial and maintenance care
- Target population: physical disability, complex health needs

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## COMMUNITY SUPPORTS

- Service tasks/activities:
  - assistance with activities of daily living/ IADLs
  - community inclusion
  - social leisure skill development
  - personal care/homemaker
  - protective oversight and supervision

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## CLIENT PERSONA



### Typical Care Plan: Residential Habilitation or Community Supports

Personal Care	Homemaking
Skills Restoration	Medication Management
Social Integration	Care Coordination etc.
Avg Cost Estimate	\$30 hour paid at daily rate
	30 x 12 hours = \$360

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## RESIDENTIAL HABILITATION & COMMUNITY SUPPORTS SETTINGS



- Private home
- Apartment
- Agency Adult Foster Care
  - Shared living environment

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## AGENCY ADULT FOSTER CARE

- Residential habilitation or community supports can be provided to up to 4 adults
- Licensed home-like setting
- Up to 24 hour per day care
- Not for supervision only
- Medicaid only
- Maximum monthly room and board rate is \$739.00
  - Consumer pays room and board

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## PROVIDER REQUIREMENTS

- Residential Habilitation, Community Supports, Agency Foster Care
  - Quality Service Provider (QSP)- agency
  - CQL Accreditation
    - initial cost is \$2500 to agency
  - TBI modules
  - Dementia modules
  - Medication module/Testing

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## ALL HCBS PROVIDERS

- Must be enrolled as a QSP and bill in MMIS
- Provider requirements vary by service
- Must recertify every two years
- Must maintain required documentation
- Must participate in audits and complaint investigations
- Follow other provider criteria as required



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### Contact information

Phone: 701-328-4601  
Toll-Free Aging & Disability Resource  
LINK:  
1-855-462-5465  
E-mail: [carechoice@nd.gov](mailto:carechoice@nd.gov)  
<https://carechoice.nd.assistguide.net/>

AGING DISABILITY  
RESOURCE LINK

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# QUESTIONS

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