BRAIN INJURY & MENTAL HEALTH Brain injuries are often referred to as a "silent epidemic"



Brain injuries are often referred to as a "silent epidemic" because symptoms are not always immediately evident, and the general public has limited knowledge about the diagnosis. Brain injuries can cause an increased susceptibility to multi-occurring conditions, including mental health diagnosis.

MENTAL HEALTH DIAGNOSES ARE HIGHER

Research indicated a 34-49% prevalence rate of mental health conditions in individuals with brain injury, compared to an 18% prevalence rate in the general population

CO-OCCURRING DIAGNOSIS

Prevalence Rate of Co-Occurring Brain Injury and Mental Health Diagnosis



WHAT CAN WE DO ABOUT IT?

TREATMENT PROFESSIONALS NEED TO BE AWARE OF A HISTORY OF BRAIN INJURY IN INDIVIDUALS

It is important to screen for brain injury upon intake and coordinate an effective treatment plan with a multi-disciplinary team of providers that have experience and knowledge about brain injury.

WE CAN HELP AT NDBIN

We can help locate providers, provide technical assistance for individuals you serve, connect individuals and families to resources, and much more.



ndbin.org • 1.855.866.1884 • info@ndbin.org

Information contained in this flyer comes from Corrigan et al., 1995; Kreutzer et al., 1996, Corrigan, J D, and J J Deutschle. "The presence and impact of traumatic ..." Brain Injury Journal, Mar. 2008, pp. 223–231.