

Join us for brain injury

# BOOK CLUB

## Survivors

Great way to build up social skills, meet new people, and learn something new in the process. You may also find reading can help increase your attention in other areas.

Participants will read 25-30 pages weekly before attending class, and then will engage in word work, word games, socialization, snacks, etc.

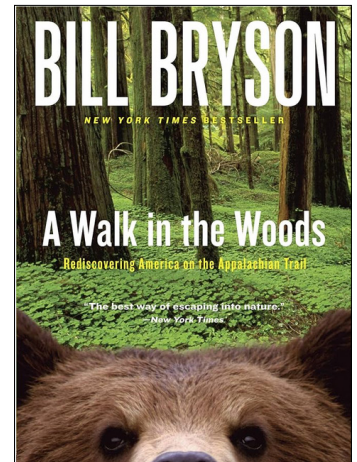
## Caregivers

Time to meet others caring for a survivor of brain injury, or time to yourself!

## When

Every Thursday • 9:30—11:30 am Central

|             |             |          |
|-------------|-------------|----------|
| January 15  | February 19 | April 9  |
| January 22  | February 26 | April 16 |
| January 29  | March 5     | April 23 |
| February 5  | March 19    | April 30 |
| February 12 | March 26    |          |



**Selected book:**  
**A Walk in the Woods**  
**by Bill Bryson**

## Where

Edgewood 55+ 749 S 30th St, Grand Forks. Park in the southeast event parking lot, and the class is held in the multipurpose room. You may attend virtually via Zoom. **Once you register, Zoom information will be sent to you!**

## Register

Registration is provided at no cost due to generous funds from the North Dakota Brain Injury Network, Home Therapy Solutions, and Edgewood 55+. Survivors of brain injury will need to register for the book club. **Deadline to register: January 9, 2026, at noon.**

**Register at** [https://und.qualtrics.com/jfe/form/SV\\_eQJnXW6ChC91300](https://und.qualtrics.com/jfe/form/SV_eQJnXW6ChC91300)



**Learn more at** [www.ndbin.org/events/book-club](http://www.ndbin.org/events/book-club)

