

# 2021 Mind Matters Conference

## March 25-26 – Virtual

**Thursday, March 25, 2021**

8:30 – 9:40 am

**Welcome:** Nan Kennelly, MS CCC-SLP, CBIST

**Yoga and Meditation for Brain Injury: Evidence, Innovations,  
and Ways Forward**

Jena Gorden, MS, CCC-SLP, CBIS

9:40 – 10:00 am

Break

10:00 – 11:00 am

*Part 1 of 2*

**The Concept of Traumatic Brain Injury as a Chronic Health Condition**

Rod Swenson, PhD, ABN

11:00 – 11:15 am

Break

11:15 am – 12:15 pm

*Part 2 of 2*

**The Concept of Traumatic Brain Injury as a Chronic Health Condition**

Rod Swenson, PhD, ABN

12:15 – 1:15 pm

Social Lunch

1:15 – 2:15 pm

**Connecting Therapy to Life; Using a Virtual Care Platform to Promote  
Learning Following a Brain Injury**

Nealey Hoffman, MA, CCC-SLP

2:15 – 2:30 pm

Break

2:30 – 3:30 pm

**Introduction to the Knowledge Translation Center at Mayo Clinic**

Dmitry Esterov, DO

3:30 – 3:45 pm

Break

3:45 – 4:45 pm

**Survivor Panel – Center for Independent Living**

Vicki Laraway



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## March 25-26 – Virtual

### Friday, March 26, 2021

8:30 – 9:30 am	<b>My Stroke Journey</b> Sandi Gruhot, RN
9:30 – 9:45 am	Break
9:45 – 10:45 am	<b>Stroke is a Brain Injury: A Neurorehabilitation Perspective</b> Marie Brekken, PA-C, CBIS
10:45 – 11:00 am	Break
11:00 am – 12:00 pm	<b>A Neurorehabilitation Approach to Recovery after Stroke-Therapy Perspective</b> Heidi Fiskness, MS, CCC-SLP, CBIS; Teresa Rene, OTR/L, CBIS; and Lisa Yonker, DPT
12:00 – 12:45 pm	Social Lunch
12:45 – 1:45 pm <i>Four / 15 minute mini sessions</i>	<b>Power Hour - Mini Sessions</b> <ol style="list-style-type: none"><li>1. <b>Alternative Treatments:</b> Ala Lysyk-Smith, DC</li><li>2. <b>1915i:</b> Dawn Pearson, North Dakota Department of Human Services</li><li>3. <b>PARIS Groups:</b> Amy Brossart-Robinson, MS, CCC-SLP</li><li>4. <b>North Dakota Assistive:</b> Courtney Ness Fuchs, ATP</li></ol>
1:45 – 2:00 pm	Break
2:00 – 3:00 pm	<b>Driving after a Brain Injury</b> Emily Proctor, MOTR/L, CLT and Joy Tandberg, OTR/L, CLT, CHT
3:00 – 3:15 pm	Break
3:15 – 4:15 pm	<b>The Balance Between Best-Case and Worst-Case Recovery Scenarios: Suggestions from the Patient Side of the Scenario</b> Wendelin Hume, PhD
4:15 – 4:30 pm	<b>Awards/Recognition/Drawings for Bingo Prizes</b>

