

# ACCOMMODATING BRAIN INJURY

**Acquired brain injury:** An injury to the brain that is not hereditary, congenital, degenerative, induced by birth trauma or traumatic brain injury (TBI) caused by external physical forces to the head. Injuries result in a change in neuronal activity affecting physical integrity, the metabolic activity, or the functional ability of nerve cells in the brain.

## COMMON CHALLENGES:

- Mental Inflexibility
- Emotions
- Language
- Attention
- Memory
- Sleep
- Fatigue
- Organization
- Self-awareness
- Processing
- Impulsivity
- Physical/Sensorimotor



# ROWBOATS

**R**educe amount of information

**O**ne instruction at a time

**W**ritten & verbal when possible

**B**reaks are helpful

**O**ften is better, routines help

**A**sk person for  
paraphrase/repeat

**T**ake time, go slowly

**S**imple & organized info is best



**Look for more information on individual symptom tip sheets!**

CITATIONS

[www.ndbin.org](http://www.ndbin.org) • 1 (855) 866-1884 • [info@ndbin.org](mailto:info@ndbin.org)



**NORTH DAKOTA  
BRAIN INJURY  
NETWORK**

