

# PERSON-CENTERED PRACTICES

**The person is priority** - individual desires, goals, insight, and values should be respected and at the center of planning

**The power to choose** - decisions should be decided *WITH* the individual and not for

**Community inclusion** - individuals should have full access to the community while maintaining dignity

**Services and supports** - a multidisciplinary holistic approach to address needs of the individual including natural supports as desired

**Inform** - maintain open communication/adjust your approach to ensure clear understanding of options and decisions



## Focus on strengths

Remember that the effects of a brain injury are different for each person



CITATIONS

[www.ndbin.org](http://www.ndbin.org) • 1 (855) 866-1884 • [info@ndbin.org](mailto:info@ndbin.org)

