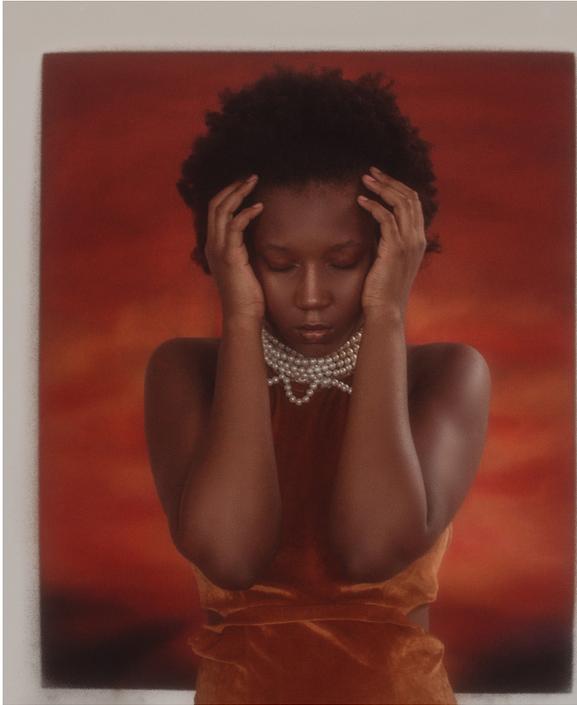


PHYSICAL AND SENSORIMOTOR FOR PROFESSIONALS



Physical and sensorimotor problems can include pain, blurred vision/poor depth perception, light sensitivity, and difficulty hearing.

LOOK FOR:

- Dizziness, headaches, difficulty hearing, light/noise sensitivity
- Blurred vision
- Poor depth perception
- Easily overwhelmed/irritable
- Lack of coordination/focus (*auditory, visual, cognitive*)
- Difficulty reading

PHYSICAL ACCOMMODATIONS FOR PROFESSIONALS

- Be receptive to symptoms/accommodations
- Be flexible with appointment schedule (*Consider telehealth options*)
- Be conscious of the lighting/environment:
 - *Avoid overhead lights, (especially fluorescent), close blinds, use floor or desk lamps, and suggest wearing sunglasses if necessary*
- Make large print format materials available
- Provide quiet workspace
- Offer flexible/up-front seating
- Watch for signs of agitation and allow frequent breaks
- Ensure that your meeting spaces are accessible for individuals with any degree of physical or sensory limitation
- Suggest using symptom tracking journal to understand triggers



CITATIONS