



NORTH DAKOTA
BRAIN INJURY
NETWORK

Brain Injury Developments in North Dakota

www.ndbin.org

855-866-1884

*Help for Today,
Hope for Tomorrow.*



Welcome!

- Today's training is the first of a four part series on brain injury.
- Today's training will cover:
 - Overview of recent development in ND BI services; highlighting key new programs
 - Introduce the ND BI Needs Assessment Process
 - Give you resources and contacts for to get more information and options to get involved

Speakers

- Rebecca Quinn
 - North Dakota Brain Injury Network
- Stacy Steele
 - Community Options
- Brent Askvig
 - Minot State University, Center for Persons with Disability

Acquired Brain Injury (ABI)

Any injury to the brain
occurring after birth.

Oxygen Deprivation

Infectious Disease

Chemical or
Substance Exposure

Stroke or Tumor

Traumatic Brain Injury (TBI)

Injuries occurring
From external force

What is a Brain Injury?

Current North Dakota definition:

- "Brain injury" means any injury to the brain which occurs after birth and which is acquired through traumatic or nontraumatic injury. The term does not include hereditary, congenital, nontraumatic encephalopathy, nontraumatic aneurysm, stroke, or degenerative brain disorders or injuries induced by birth trauma.

— *North Dakota Century Code 50-06.4*

Severity Continuum

Mild

75-90% of brain injuries

- Less than 30 min altered mental status
- 15% have long term impairments

Moderate

10-30% of brain injuries

- 30 min-24 hour altered status
- 30-50% have long term impairments

Severe

5-10% of brain injuries

- More than 24 hour altered status
- 80% have long term impairments

Resulting Disabilities

- Estimates say 15-20% of TBIs will have long term disabilities.
- An estimated **5.3** million Americans have a long-term or life long need for help with activities of daily living as a result of TBI.

**Estimate of TBI Individuals in ND:
12,844**

Barriers to Development

- Limited development of programming nationally
- No “home” for brain injury within the service system
- Gap between **Acute Care** and **Long Term Services**
- Every brain injury is unique
- Definition of brain injury

DHS Lead Agency

- The Department Human Services, Behavioral Health Division is designated as the lead agency for brain injury by the Governor.

Recent Legislative History

Legislative Funding:

- 2009 Funding for Vocational Rehabilitation extended services slots, Community Options start the Pre-Vocational Program, Social and Recreation Programs
- 2013 Funding to establish the North Dakota Brain Injury Network
- 2015 Funding to develop a Return to Work Program and Vocational Rehabilitation extended services slots. The ND legislature also changed the definition of brain injury in 2015

ND Brain Injury Advisory Council

- Established in 2007.
- A forum for stakeholders to discuss brain injury resources in North Dakota.
- Currently working on establishing bylaws and formalizing membership. All Advisory Council meetings are open to the public.
- Next meeting March 16th 1:30-4:30.

North Dakota Brain Injury Network

- Created to be the central source of brain injury information, education and support
- www.ndbin.org
 - Brain injury event calendar
 - Soon to have searchable resource directory
 - Information about ND Services
 - Information about Brain Injury
 - Sign up for listserve

North Dakota Brain Injury Network

- Provide educational trainings
 - You can request trainings similar to this at your agency!
- Organize the annual Mind Matters Conference
 - **Fargo, March 29th & 30th**—Go to www.ndbin.org to register!
- Facilitate regional support groups and offer assistance to existing groups—
 - Go to the website to see groups in your area.

North Dakota Brain Injury Network

- Respond to requests for assistance regarding information regarding state and local resources.
- Help identifying and accessing appropriate benefits, programs and services.
- Offer support for individuals, families, friends, professionals, caregivers and the general public.
- Facilitate the collaboration among various services and programs.

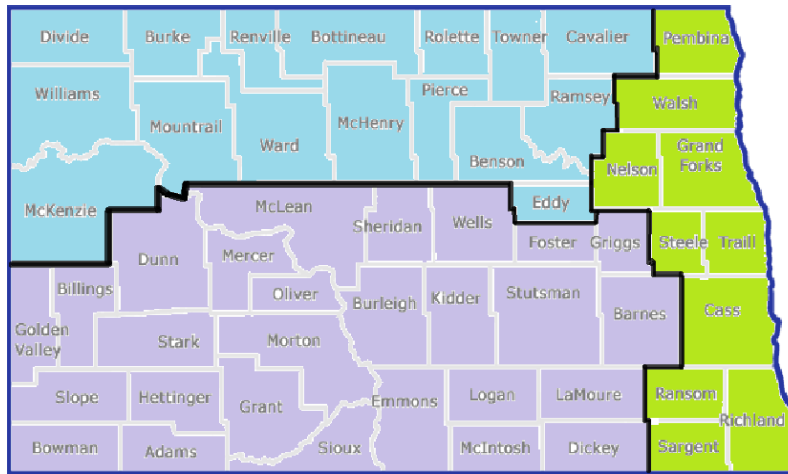
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Employment Continuum

- Community Options Return to Work Program
- Vocational Rehabilitation
- Extended Services

Community Options Brain Injury Programs

- Community Options contracted to provide a Brain Injury Pre-Vocational Skills Program
- Designed as a two staged program to build work readiness skills in order to prepare individuals to be “work ready”.



Compassion Community Commitment

Community Options Brain Injury Programs

Skill Smart Program

- Building Confidence
- Effective Communication
- Following Instructions
- Social Skills
- Personal Appearance
- Stamina/Consistency

Work Start Program

- Evidence Based Employment Program
- Resume Writing
- Application submissions
- Interview Assistance
- On/Off site job coaching
- Competitive employment
- Employer Support & Training

Contact Community Options

Stacy Steele

701-952-0220 x334

StacyS@coresinc.org

<http://www.communityoptionsnd.com/>



Social and Recreational Programs

- Contract to five providers to encourage community involvement and access to meaningful activities.
- Providers are:
 - HIT, Inc. in Mandan
 - Dakota Center for Independent Living in Bismarck
 - HeartSprings in Fargo
 - Onward Therapy in Fargo
 - Sanford in Fargo

Skilled Nursing Facilities

- Dakota Alpha, a program of HIT, Inc.
 - 20 bed residential facility, licensed as a Skilled Nursing Facility, serving individuals with brain injuries or physical disabilities located in Mandan, ND.
- Traditional Skilled Nursing Facility

Medicaid Waiver Services

- 2006-TBI waiver rolled into the Home and Community Based waiver
 - In doing this all the services available before remained, but the criteria changed.
 - **DO NOT** need a neuropsych to access
 - Access through the county and need to meet Level of Care
 - For BI this means requiring 8 hours direct supervision or show rehabilitation need

Medicaid Waiver Services

- Group Homes
- Transitional Living
- This is not an exhaustive list, but the ones most specific to brain injury

Waivered Services—Group Homes

- Dakota Pointe, a program of HIT, Inc.
 - Mandan
- HI Soaring Eagle, a program of Open Door Center
 - Valley City
- Both are licensed as Basic Care facilities but are set up as small home like environments

Waivered Services— Transitional Living

- Designed to provide training for individuals to live with greater independence in their home.
- Assistance with daily living tasks
 - Of special note for BI:
 - community integration, shopping, social appropriateness, being transported to/from work or school, to facilitate socialization, or to participate in recreational activities is allowed.

Many, many, many more

- There are many more services that are working with individuals with brain injury.
 - Private providers, other agencies, human service centers, vocational rehabilitation, clinics, hospitals, schools, protection and advocacy, IPAT, substance abuse services, legal system, centers for independent living,
- NDBIN was developed to be the central location to pull information and resources together.

ND Brain Injury Providers Coalition

- Established in September of 2015.
- Group formed for BI providers to share information and collaborate on the development of services.
- The next meeting is February 11th from 1-3.

BI Needs Assessment

- Contracted to Center for Persons with Disabilities at Minot State University
- Contact information is:

Brent Askvig

www.ndcpd.org

800-233-1737

brent.askvig@minotstateu.edu



Upcoming Trainings

- Is Brain Injury Screening Important?
 - February 18th 11am-12:30pm
- Brain Injury as a Co-Occurring Condition
 - March 17th 11am-12:30pm
- Impact of Brain Injury on Treatment Approaches
 - April 21st 11am-12:30pm

Sign up at:

https://und.qualtrics.com/jfe/form/SV_6SvWY6TYk1KA_VRb

CEUS

- Options currently available:
 - Social Work
 - General Certificate of Attendance
- Log on to the site below and register your attendance. An email will be sent to you in a few weeks noting your attendance and including a certificate for your records.
- https://und.qualtrics.com/SE/?SID=SV_dg2hB2WWnTRZMyx

Training Recording

- The training has been recorded and we are looking into it be available on the DHS or NDBIN website.



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Funded by:

